

Susan L. Farber, MFT

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Professional Profile

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Background

Marriage and Family Therapist in private practice since October, 2002. I work with adults, couples, students, competitive athletes, and families and specialize in depression, anxiety, substance abuse, dependency, stress management, relationship issues, acquired brain injury, stroke, chronic pain/illness, and grief/loss. Training and theoretical background includes cognitive behavioral, mind/body, family systems, and brief therapy modalities.

Employment History

Private Practice , Santa Barbara, CA <i>Psychotherapist</i>	October 2002 - Present
Muscular Dystrophy Association , Santa Barbara, CA <i>Support Group Facilitator</i>	November 2006 - Present
Titian Sports Performance Center , Santa Barbara, CA <i>Psychotherapist, Individual & Group</i>	October 2006 - Present
Recovery Road Medical Center , Santa Barbara, CA <i>Psychotherapist, Individual and Group</i>	August 2006 - Present
Coast Caregiver Resource Center , Santa Barbara CA <i>Marriage Family Therapist</i>	August 2003 - Present
Solutions at Santa Barbara , Santa Barbara CA <i>Case Manager, Marriage Family Therapist - Per Diem</i>	April 1997 - Present
Breast Resource Center of Santa Barbara , Santa Barbara CA <i>Group Psychotherapist</i>	May 2003-August 2003 May 2005-August 2003
Devereux Foundation , Santa Barbara, CA <i>Marriage and Family Therapist Intern, Residential and Assistant Supervisor, Case Manager, Behavioral Specialist, and Independent Living Skills Counselor.</i>	October 1987 - May 1999

Clinical Training

Solutions at Santa Barbara April 1997 - June 2006

- Supervised by James Angelos, Ph.D. and William Jenkins Ph.D. Trained in adjustment to disability and pain management counseling. Provided individual and group psychotherapy to clients with brain injury/stroke and their caregivers.

Family Service Agency November 1999 - November 2003

- Supervised by William Jenkins, Ph.D. and Michael Beiley, Ph.D. Trained in cognitive-behavioral, attachment, mind/body, and family systems theory. Provided individual, family, couples, and group psychotherapy to low income clients and in-home counseling to the elderly.

The Council on Alcoholism and Drug Abuse-Project Recovery February 1998 - June 1998

- Supervised by Yuri Zelez, MFT and Susan Schneipp, MFT. Trained in drug/alcohol counseling, Gestalt, solution-focused, and cognitive-behavioral therapy. Provided individual and group psychotherapy to adults on probation with chemical dependency issues.

Devereux Foundation December 1994 - February 1997

- Supervised by Linda Wells, MFT, John Rapaaaz, Ph.D, and Denee Jordon, MFT. Trained in behavioral, attachment, psycho-dynamic, and cognitive-behavioral therapy. Provided behavioral and cognitive/behavioral therapy to adolescents/adults with developmental disabilities and severe emotional disturbances.

Hillside House April 1992 - June 1993

- Supervised by Linda Wells, MFT. Trained in cognitive-behavioral and behavioral therapy. Provided individual, family, and individual psychotherapy to adults with cerebral palsy.

University of California, Santa Barbara, Student Health Services Sept. 1994 - June 1985

Devereux Foundation December 1994 - February 1997

- Eating Disorder Program, peer health coordinator. Supervised by Louise Ousley, Ph.D. Trained in history & dynamics of eating disorders. Provided supportive counseling, education, and panel presentations to high-risk students, sororities and community dental personnel.

Additional Training

<i>Self Hypnosis for Health & Harmony</i> - SBCC Adult Education	11/06
<i>Preventing Suicide</i> - Cottage Health System-Santa Barbara, CA	9/05
<i>Resolving Unfinished Business</i> - Dr. Peter Brill-Santa Barbara, CA	9/05
<i>Using Coaching In Therapy</i> - Academy of Coaching-Sacramento, CA	8/05
<i>Domestic Violence: Diagnosis & Treatment</i> - Gary Linker-Santa Barbara, CA	11/04
<i>Aging and Long Term Care</i> - Mary Sheridan, MFT-Santa Barbara, CA	3/03
<i>Applications of Voice Therapy in Your Clinical Practice</i> - Level 2 - Alliant International University, San Francisco, CA	5/03
<i>Motivating Others to Address their Substance Abuse</i> - Santa Barbara City College, Santa Barbara, CA	3/03
<i>Application of Voice Therapy in Your Everyday Practice</i> - Level 1 - Alliant International University, San Francisco, CA	3/03
<i>Treatment and Case Management of the Chemically Dependent Individual</i> , Santa Barbara City College, Santa Barbara, CA	3/03
<i>Pharmacological & Physiological Aspects of Alcohol & Other Drugs</i> - Santa Barbara City College, Santa Barbara, CA	
<i>Understanding Anxiety</i> - Institute of Cortext Research and Development, Santa Barbara, CA	10/98
<i>Handling Difficult People & Challenging Situations</i> - University of California, Santa Barbara, CA	
<i>Family Recovery in Chemical Dependency</i> - University of California, Santa Barbara, CA	7/97

Education

University of California , Santa Barbara, CA - B.A. in Psychology	Jan 1984	June 1989
Antioch University , Santa Barbara, CA - M.A. in Clinical Psychology	Jan 1994	June 1993
Santa Barbara City College , Santa Barbara, CA Post Professional Skills Competency Award- Drug and Alcohol Counseling	Nov. 2002	Present

Professional Memberships

Member of California Association of Marriage, Family Therapists (CAMFT) 1997 - Present
Member of Group Psychotherapy Association of Southern California (GPASC) 2002 - 2003
Echelon Santa Barbara 2000 - Present